5B Home Learning - Tuesday 12th January



- A bolt of lightning is five times hotter than the sun.
- The world's longest French fry is 34-inches long.
- Venus spins clockwise. It's the only planet that does!

Watch Mrs Bailey's 'Good morning, 5B video https://vimeo.com/499361581/3cbc14b61c

ENGLISH

Spelling

Watch Mrs Bailey's spelling video https://vimeo.com/499105026/61b65a8e6f

Login to Spelling Frame https://spellingframe.co.uk/ and select 'Go To Test'. Choose the Segment Tiles, Spelling Tiles and any of the games to practise spelling our list of homophones. When you are ready, choose to take a test – your scores will be recorded and sent to me. Good luck!!

Writing

Watch Mrs Bailey's English lesson task 1 video https://vimeo.com/499244825/0f52c43246



• Look at the original advert for Shackleton's adventure. What type of people do you think he would have been looking for to join him? Would you have replied? Why/why not?

Decide who you want on your crew

curious	entertaining	reliable	clumsy	impulsive	bossy
resourceful	ambitious	easy-going	honest	ticklish	lucky
tidy	generous	intelligent	trustworthy	moody	strong
disciplined	laidback	unflappable	motivated	chatty	polite
adventurous	stylish	quiet	stubborn	eccentric	observant
tough	determined	imaginative	sensible	thoughtful	no-nonsense
courageous	playful	witty	charming	calm	diplomatic
loyal	cheerful	famous	cool	kind	practical

If you were planning an expedition, where would it be to? Why would you be going? What skills would the applicants need if they were going to join your team? Why? What dangers might they face?

Your first task today is to mind-map your expedition ideas in your home learning books.

Watch Mrs Bailey's English part 2 video https://vimeo.com/499346055/d066be1fbb

Your second task today is to write an advert in the style of Shackleton's advert based on your expedition that you have just planned.

MATHS

- 1. Log on to TT Rocks Stars and spend about 15 minutes practising your tables.
- 2. Watch Mrs Bailey's maths video https://vimeo.com/499350878/0262ca0f15

Now round each of these numbers to the nearest 100.

10.
$$\underline{3}87 =$$
 11. $41,\underline{8}49 =$ 12. $75,\underline{5}05 =$

P.E.

Fitness Review

Before Christmas we were working on our fitness and circuit training in school and learning why it is important to be fit. You were all *EXCELLENT!* The exercises we did are in the fitness plan below.

EXERCISE	MUSCLES USED	HOW MANY/LONG
Spotty Dogs	Whole body	2 lots of 10 exercises
Bench Dips	Triceps, abdominal muscles	2 lots of 10 exercises
Plank	Abdominal muscles	30 seconds
Press Ups	Biceps, triceps, chest, abdominal muscles	2 lots of 10 exercises
Burpees	Whole body	1 lot of 10 exercises
Skipping (with/without rope)	Whole body	1 minute
Running Squats	Quadriceps, hamstrings, calves, glutes (bottom)	2 lots of 10 exercises
Shuttle Running	Whole body	1 minute

TASK: Watch the video of Mrs. Pears:

https://www.loom.com/share/374a2e74a28b4f07bc1e6eb6347883e3

Now you have learnt these exercises you are going to become the next 'Joe Wicks' (or Mrs. Pears (a)) and create your own exercise plan **or** exercise video so other people in your class can follow.

Your task is to include some of the exercises above or you can *challenge* yourself to include some of your own exercises. You need to tell us how many of each exercise your participants have to perform. You can be even more creative and perform to music and in fancy dress if you would like to. When you've finished send your plan or your video to your class teachers. Have fun and good luck.