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'WELL-BEING WEDNESDAY'

Dear Parents & Carers

Welcome to 'Well-Being Wednesday'.

Following on from our recent communication via ClassDojo and your overwhelmingly positive response we have decided to go ahead with our changed focus for Wednesday's home learning curriculum.

Along with this letter you will find:

Spring into Spring Booklet
Commando Joe's Parent Portal leaflet

We work with a company called Commando Joe's. This company employs ex-servicemen and women to work with pupils in schools to develop character strengths. They have kindly provided you all with a code for free access to their Parent Portal for 3 months to help with our Wednesday plan. There are 4 brilliant missions per month for your child to take part in. You have been issued with one code per family which registers how many children you have with us at AJS. Your code will be sent to you today via ClassDojo.

To get you going here are also some links to online activities that you might want to try at home:

<https://www.scouts.org.uk/activities?size=Individuals,Pairs&setting=At%20home>- activities suggested by the Scouts Association specially designed for home learning and lockdown situations.

[january_2021.jpg \(3508x2480\) \(actionforhappiness.org\)](#)- daily activity for each month suggested by Action For Happiness.

[Talk for Writing English Booklets - Talk for Writing \(talk4writing.com\)](#)- ideas for writing activities.

If you have your own activity books and ideas at home then you could also spend some time on Wednesdays working through these e.g. If you enjoy constructing from Lego this



might be one way you spend some of your time. Don't forget you've also got your logins for TT Rockstars, Spelling Frame etc. Some time reading is also time well spent.

We have tried to put together a menu of different things that would suit different personalities and interests. Hopefully you will find a range of activities that your child will enjoy. As we have had to act quickly we haven't got everything in place to start this week. Next week you will also receive:

You Are Awesome Journal
TTS My Activity Book aged 7-11

We appreciate that some of these things may take some initial time for you to set up but once done they are there to use every Wednesday. Some activities are more suitable for you to do with your child, some they can do independently- the choice is yours depending on your circumstances.

All of these activities fit with our school ethos of developing Character Strengths in our children, something you will know from watching our assemblies. We believe that this focus for Wednesdays is an important part of the school week even though many of the children are working at home.

It is up to you what you choose to do from the activities we are providing and what order you do them in.

There is no expectation from us that you share with us what the children are doing but if you would like to share photos or videos then we would look forward to seeing them.

We hope that this makes the middle of the week a little easier for you all. Please let me know if there is any feedback you want us to have. We are keen to make sure that we provide appropriate things that are manageable and enjoyable for everyone. We will review things in two weeks time and make changes if necessary.

Your child's class teacher will continue to provide a good morning video message and they are available via ClassDojo if you need them during the day. They will be spending the day reviewing work handed in and planning and preparing work for the rest of the week.

Please work with on this one. We are trying to think of the best ways to support you all at home so your input and feedback is really important.

Enjoy the day and do something that makes you feel good!

Your sincerely

Mrs Frost
Headteacher

