

6/01/21

Hi, this is your home learning work for today. Make sure you have somewhere quiet to do your work and that you send us a photo on Dojo of your tasks.

English: To identify the features of a newspaper report.

<https://classroom.thenational.academy/lessons/to-identify-the-features-of-a-newspaper-report-6rv30r>

Maths: To recognise, find and name halves and quarters.

Watch Mrs Hicklin's video on Class Dojo.

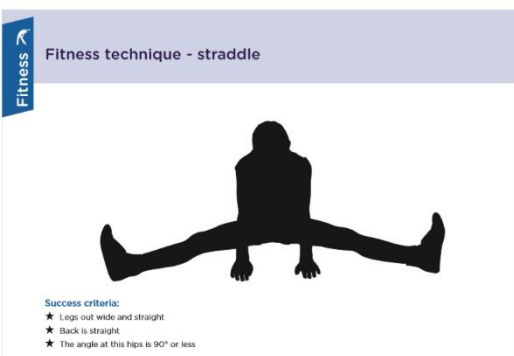
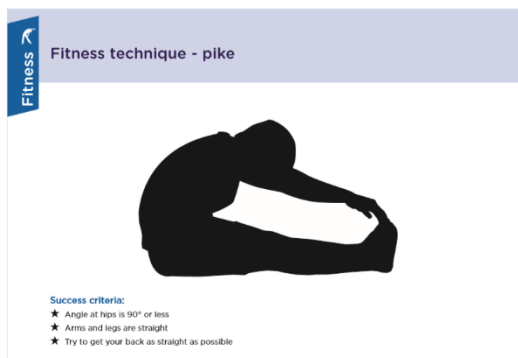
<https://www.bbc.co.uk/bitesize/articles/z4j83j6>

- 1) Watch the video in the 'Learn' section to refresh your memory about fractions.
- 2) Then join in with Joe for the SuperMovers video in Activity 1.
- 3) Have a go at the Bronze level questions in the Karate Cats game at the bottom of the website page. If you feel confident to challenge yourself, try the Silver and Gold levels.

PE: Gymnastics

Starter: Play 'Musical Balances'. Put on your favourite song and ask an adult politely to pause it throughout. You must dance and move around to the music. When it stops you must get into a balance and hold it until the music restarts. Each time the music stops, try to go into a balance on a different part of the body. Be creative and come up with some different ideas.

Skills: Have a look at these images (tuck, straddle and pike shapes).



Watch Mrs. Pears demonstrate each of the body shapes. Have a go to practise holding each shape for at least 3 seconds (1 elephant, 2 elephants, 3 elephants).

Pike – straight back; arms reaching up by ears; legs straight together and toes pointed.

Tuck – straight back; toes pointed and legs together – not crossed.

Straddle – straight back; arms extended out to the sides and legs straight and toes pointed.

Task Choices:

1. Take a photo or create a video demonstrating each of the shape, with the correct technique, for at least 3 seconds and send it back to their class teach via class dojo.

OR

2. Create a video repeating pattern of shapes linking (e.g. rolling, twisting, leaping) the three shapes all together in a little routine.

Reflect Question: *How are the shapes different to each other and why do you think they are used in Gymnastics?* You can send your answers in a dojo message or written and send a photo.

PSHE: Dreams and goals

This term we are looking at 'Dreams and Goals'

We will think about what it means to have dreams and goals and you can tell us some of your dreams and goals.

1. Watch this clip of Ade Adepitan, a Paralympic gold medallist. Listen to his dreams and goals. <https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2--ks3-ade-adepitan-paralympic-champion/zbwxnrd>

What was in the way of Ade's dreams and goals? Discuss this with your family in your house.

Ade tells us that being different does not have to stand in your way, "It doesn't matter what you look like or if you have a disability. If you believe in yourself, anything is possible".

2. What dreams and hopes do you have for the future?

How realistic is your dream, you will need to persevere to achieve your dream; What might help you to achieve it?

3. Draw a picture of yourself – around it add the ways in which you will work towards your dreams and goals.
4. what special things might you need to do to achieve the goal? Decorate the image of yourself.