

Statement for PSHE

Intent

We believe that PSHE underpins our school values at Ashfield and supports learning across the curriculum so that our pupils can achieve their goals. Being settled and happy in school allows children to be ready to learn, understand their own individual skills and talents and develop these in order to reach their full potential.

We want our children to be healthy, independent and responsible members of our school and the wider community and prepare them as global citizens both now and in the future.

At Ashfield, we understand the importance of teaching children to recognise their emotions and value their own mental wellbeing. We try to develop a culture of mindfulness, self-awareness and self-direction.

Our curriculum enables the children to build knowledge, vocabulary and a set of skills to help them to cope with the challenges of modern life.

We recognise the value of ensuring all pupils have the right opportunities to develop an understanding of social, moral and cultural issues. This teaches the children how to treat others with dignity and respect.

Our Relationships and Sex Education teaches our children how to develop strong, healthy relationships both now and in the future.

Implementation

PSHE is taught in line with the National Curriculum. The objectives taught cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

We use the 'Jigsaw' scheme which meets the needs of our pupils as it places a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. Alongside this we teach about different kinds of relationships, including same sex relationships and gender identity. The Relationships and Sex Education is also included in the 'Jigsaw' scheme.

PSHE is taught weekly across the school with everyone following the same theme.

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Changing Me (Including Sex Education)

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To encourage independence and self-direction, we also use '1decision' This resource allows the children to think for themselves and make responsible decisions based on filmed scenarios: 1decision covers all of the themes taught.

PSHE is woven into all we do as Ashfield. Children are encouraged to challenge themselves and be aware of themselves as learners and citizens.

Impact

We want our children to leave Ashfield in Year 6 with with a sense of purpose and self-worth, ready for the next step in their education. We hope that they will cherish the memories of the times which have helped to shape them as individuals and take the knowledge and skills that they have developed with them wherever the path of their life leads them in order to succeed and keep themselves safe.